

HALO[®]
MEDICAL DEVICES



Digital Goniometer

Quick-start Guide

HALO Digital Goniometer

Quick-start Guide

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Important Safety Instructions

Laser safety and user responsibility

The lasers used in the HALO Digital Goniometer are a low level Class 1 laser. The device has a laser warning on the outer packaging and case.

Looking or staring into the laser should be avoided. If the patient or user does not have a normal blink reflex, then safety glasses must be worn when using the HALO.

HALO Medical Devices accepts no responsibility if the laser has been used incorrectly, if the beam is stared into or the device misused, or if this safety warning has not been adhered to. If you do not know what a normal blink reflex is you should seek advice from your doctor. By using the HALO the user takes full responsibility for determining if it is safe to use on patients and around themselves based on the Class 1 laser guidelines.



WARNING: failure to adhere to these guidelines may result in injury to the user or patient.



Congratulations on your purchase
of the next generation
HALO Digital Goniometer.

Welcome to precision therapy!

HALO is the next generation goniometer. It gives clinics, hospitals and universities reproducible and reliable measures when assessing joint range every single time. Designed to be used by qualified and student health-care professionals in elite sports, physiotherapy, occupational therapy, podiatry and veterinary medicine throughout the world, HALO is the leading technology in hand-held joint ranging today.

How to get help



Please read all of this Guide before using the product.

If you are having problems, contact your agent or sales outlet or email HALO Medical Devices direct.

See the 'Learn HALO' section of the HALO Medical Devices website for tutorials and video demonstrations, or call the HALO Help Line.

Website: www.halomedicaldevices.com

Email: techsupport@halomedicaldevices.com



<http://www.facebook.com/HALOMedicalDevices>

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What's in the box?

Mains
to USB
power
adaptor



Quick-Start Guide booklet.



HALO Digital
Goniometer



USB charging cable, USB to micro USB connector



Unpacking the HALO Digital Goniometer

1 Remove
clear film



2 Charge 

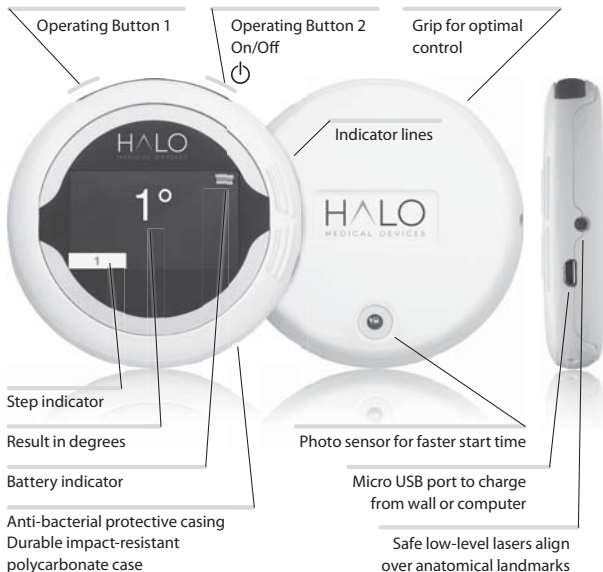
Fully charge your new device. See, *Charging the HALO*.



3 Use

The HALO Digital Goniometer is factory calibrated for your location and is now ready to use. See, *Getting started with your HALO*.

Getting started with your HALO



Where things are

Button 1 is used to take a measurement (in MEASURE MODE). It is also used to navigate the menus.

Button 2 turns the device ON and OFF, takes a measurement (in MEASURE MODE) and is used to navigate the menus.

Operating buttons 1 and 2 are activated by a **rocker mechanism** (like a see-saw) with a pivot in the middle. Do not press in the middle.



Indicator lines are used in automatic mode to show where the zero reference point is.

The **LCD display** shows readings in degrees.

A **battery level indicator** in the top right corner of the display shows the battery status.

Each **step** in the measurement process is shown by a white bar with a number on it.

When activated, a **photo sensor** on the back of the HALO conserves battery life by putting the device into STANDBY MODE when it is laid on flat surface. Pick the HALO up to start it immediately.

Plug the USB cable (supplied) into the **Micro USB port** to charge the battery using the mains to USB power adaptor (supplied) or your computer.

Safe, low-level laser beams align over anatomical landmarks, acting like the arms of a mechanical goniometer.

What you can do with the HALO Digital Goniometer



HALO The Digital Goniometer uses advanced technology to quickly and accurately capture joint angles using a compact, pocket-sized device.



Laser beams on HALO take the place of the plastic arms of a manual goniometer. Using the HALO Digital Goniometer, parallel light beams are projected across the entire limb, intersecting with landmarks on the body from which you take your measurements. You measure from one landmark to another and HALO automatically calculates the angle between them.

First establish the origin of the angle (first position), then rotate the HALO Digital Goniometer to establish the second position. The HALO will calculate the angular difference between position one and position two and display the result in degrees on its large LCD screen.

Advanced motion detectors allow measurements in 3 planes.

There is also an Automatic Vertical mode, typically used for athletic and elite sports screenings, when multiple, repetitive measurements (such as shoulder range of motion) are required. See, *Automatic Vertical mode*.

How does HALO differ from a manual goniometer?

Compared to a manual goniometer, there are some differences.



1. **Hold the HALO over the limb** to be measured, not over the joint axis. By allowing HALO's laser arms to intersect with the middle of the joint, you achieve greater precision.
2. **Use just one hand.** You can support your patient or record your results with your free hand.
3. **Hold the HALO just above the skin** to achieve zero infection risk. You do not have to press the digital goniometer directly on the skin.
4. **Follow three quick steps** to get any standard joint measurement. Once you master this easy 3-step concept it can be applied to any moving joint.
5. **No interpretation needed.** The result is displayed on a large LCD screen. As you rotate the HALO Digital Goniometer, the numbers remain vertical so that you can easily read your results.

Turning the HALO on and off

To turn the HALO on:

Press and hold Button 2 until the HALO logo appears (about two seconds), then release the button.

A number of degrees will appear on the LCD display.

ON 
↓ 2 SECS
ONLY

STARTUP

READY

The device is now in MEASURE MODE.




To turn the HALO off:

Press and hold Button 2 until the HALO logo appears (about four seconds) then release the button.

The display will go blank.

It is recommended that the device be put into STANDBY MODE to conserve the battery.

See, *Extending Battery Life*.

STANDBY/OFF 

↓ 4 SECS



Before you use the lasers



HALO is designed so that the lasers are only activated when ready to measure (MEASURE MODE). The lasers project towards the limb, to prevent spillover of the beam.

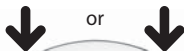
Activating the lasers

! Only activate the lasers when the device is close to the limb to be measured.

Once the HALO is over the limb to be measured, click any operating button to activate the lasers.



LASERS ON



See, *Laser safety and user responsibility* at the start of this booklet and *How to take measurements with HALO*.

Charging your HALO



The device arrives from the factory partially charged (approximately 60% of full charge). While you can use the device immediately, it is recommended that you fully charge your new device.

Using the Mains to USB power adaptor supplied, plug one end of the USB charging cable into the micro USB port on the HALO Digital Goniometer and the other end into the USB power adaptor.



Plug the power adaptor into a mains (240V) wall socket. The device will be fully charged in less than two hours.

Alternatively, you can plug the HALO Digital Goniometer into a USB port on your computer to charge it.



In normal operation, a small on-screen battery-level indicator shows the battery status. When you are charging the battery, a full-screen icon appears briefly to show that charging is taking place.



When does HALO need charging?

When the small on-screen battery-level indicator changes to a plug icon, you have about 5% battery life left and it is time to recharge your device.

In typical use, the HALO Digital Goniometer should operate for a working week.*

*Based on 12–15 patients per day for between 1 and 2 minutes per patient.

NEEDS
CHARGING



How to take measurements with HALO

HALO uses a new concept to standardise joint measurement. Using digital technologies, HALO delivers a new level of accuracy and standardisation to joint range measurements.

If your HALO is not on, turn it on by pressing and holding Button 2 for two seconds. Then follow *The 3-Step overview* process to take a measurement.

Holding the HALO

The HALO Digital Goniometer is designed to be used one-handed, leaving your other hand free to support the patient's limb. With the display facing you, curve your hand around the HALO with your fingers resting on Buttons 1 or 2, whichever is most comfortable.



Only activate the lasers when the device is close to the limb to be measured.

The 3-Step overview

1 Activate the lasers

Once the HALO is over the limb to be measured, click any operating button to activate the lasers. The lasers are used to line up the bony landmarks as you normally would with a manual goniometer.

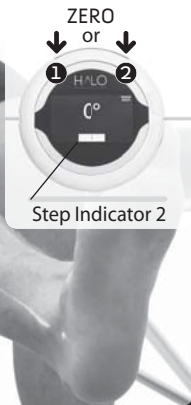


2 Zero HALO

Once HALO's lasers are aligned over a bony landmark, click any operating button to zero the HALO.

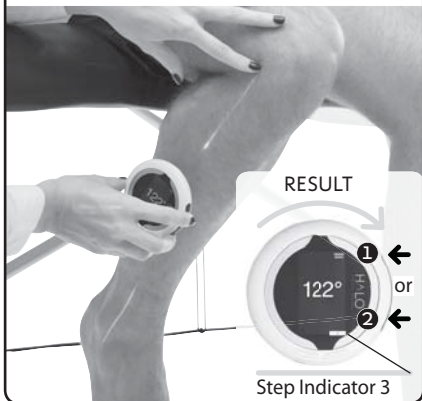


This creates the reference point from which your angle is measured.



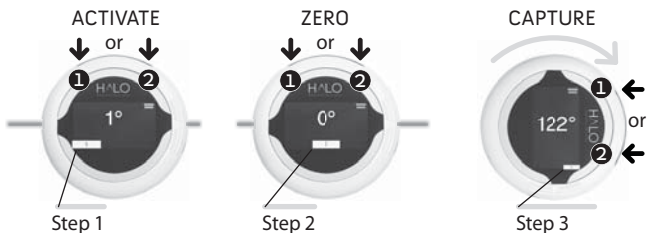
3 Capture

Move the HALO through the joint range you want measured and click any button to capture the angle. The result stays on the screen until you press an operating button. Record your results.



Taking measurements—more detail

There are three steps in taking a measurement. The steps are indicated by the white bars along the base of the display. The Step Indicators change position, moving from left to right across the display and are numbered to show Step 1, Step 2 and Step 3.



In MEASURE MODE, both Button 1 and Button 2 have the same function. Either button can be used to take a measurement.

i You cannot go back a step. If you make a mistake, move forward through Steps 2 and 3 and return to Step 1.

Once the HALO is over the limb to be measured, you will first activate the lasers, establish the origin of the angle (first position), then rotate the HALO Digital Goniometer to establish the second position.

The device will calculate the angular difference between position one and position two and display the result in degrees.

Measurement methods

HALO can be used in two ways to obtain a measurement.

Method 1: For example, measuring knee flexion

First, hold the HALO over the middle of the limb **above the joint** you are measuring (proximal segment). After setting the zero point (Step 2), move the HALO over the middle of the limb **below the joint** you are measuring (distal segment). Complete Step 3 to display your result.



Method 2: For example, measuring ankle dorsi flexion or plantar flexion

Hold the HALO over the middle of the limb below the joint you are measuring (distal segment) and zero the HALO (Step 2). Move the HALO **with the limb** to where the patient's joint range ends. Complete Step 3 to display your result.



This is the normal (default) operating mode.

First measurement

With the HALO on, position the HALO over the limb to be measured. Press either Button 1 or Button 2. The lasers are activated. You are now in MEASURE MODE.

1. With the device in MEASURE MODE, press either Button 1 or Button 2 to begin a measurement. The Step Indicator (white bar) is in the left-hand position and indicates Step 1.
2. To mark the origin of the measurement angle (zero degrees), align the laser on the part of the body representing the origin point, wait until the readout steadies and press a button once. The Step Indicator moves to the middle position and shows Step 2.
3. Rotate the HALO Digital Goniometer to the second position (using the lasers for alignment), wait until the readout is steady and press any button again. The Step Indicator moves to the right-hand position and indicates Step 3.



The resulting measured angle is displayed on the screen in degrees. Your result will continue to be displayed until you either press any button into begin a new measurement, the device goes to standby (1 minute) or you turn it off.

Record your results.

Taking another measurement

1. With the HALO Digital Goniometer still in MEASURE MODE, press any button to begin a new measurement. The Step Indicator returns to 1.
2. Begin your measurement by marking the origin of the measurement angle (zero degrees), then when the readout is steady, press a button once. The Step Indicator moves to 2.
3. Turn the HALO Digital Goniometer to the second position and press any button again. The Step Indicator moves to 3. Your result is displayed on the screen.

Repeat these steps to take further measurements, recording your results at the end of each measurement.



Remember to deactivate the lasers before removing the device from the patient.

The lasers are turned off automatically at the end of Step 2 of a measurement cycle.

If, for any reason, the lasers are still on, advance to measurement Step 3, or put the device into STANDBY MODE by pressing and holding Button 2 until the HALO logo appears and the display goes blank.



Automatic Vertical mode

Automatic Vertical mode is a short-cut method used when multiple, repetitive measurements (such as shoulder range of motion) are required. In Automatic Vertical mode, measurement is a two-step process. To change to Automatic Vertical mode, see *Mode in Using the menus*.

With the HALO on, position the HALO over the limb to be measured. Rotate the HALO until the indicator lines on the case are pointing upwards, marking the origin of the measurement angle (zero degrees), then:

1. Press any button once to activate the lasers. The Step Indicator (now in the centre of the display) shows 1.
2. Turn the HALO Digital Goniometer to the second position and press any button again. The Step Indicator moves to 2. Your result is displayed on the screen.

Caring for your HALO

The HALO Digital Goniometer should be operated as described in this Guide and within the parameters of the product specifications. See, *Specifications*. The HALO Digital Goniometer has a durable, impact-resistant case, but, as with any precision measuring device, please handle it with care.

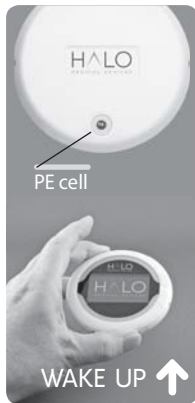
The case has an integral anti-bacterial agent to provide an additional level of protection.

Extending battery life

The photo-electric (PE) cell on the back of the HALO Digital Goniometer (disabled by default) senses when the device is face-up and resting on a flat surface, such as a desk. In this position, no light reaches the sensor on the back and the device is put into STANDBY MODE to conserve the battery.

When the device is picked up, light falls on the sensor, starting the device immediately.

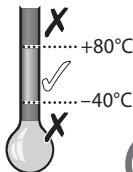
This function can be activated from the Menu. See *PE Cell* in *Using the menus*.





Cleaning

To clean the device and screen, use a dry cloth. The microfibre wipes used to clean spectacles are also suitable. Do not use water, alcohol or cleaning solvents.



Storage

Store the device in clean, dry place. Do not store in areas where the temperature exceeds 80 degrees C, or falls below -40 degrees C.

Do not immerse the device in water or other liquids, or get it wet.

Do not open the case. Any attempt to tamper with the internal workings of the device will void your warranty.

Using connectors and ports

Important information about connectors, adapters and Buttons:

The USB and Mains to USB power adaptor connectors should not be used with unreasonable force.





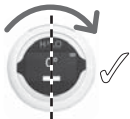
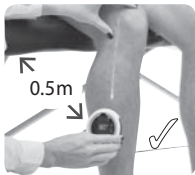
Never force a connector or apply excessive force to a button. If the connector and port do not fit easily then they are not a match. Check the connection port is unobstructed and that the port and connector match.

Contact techsupport@halomedicaldevices.com for further assistance.



Using HALO in medical environments

The HALO Digital Goniometer should not be used in areas where large magnetic devices such as MRI machines are located. The use of such devices may also be restricted in some Intensive Care units. Check with your Hospital or Medical engineering department to ensure the HALO can be used in your area.



For best accuracy, keep the HALO at least 0.5 metres away from large metal objects, such as a plinth, when taking measurements. Rotate the device as close to the axis of rotation as possible.

Resetting the HALO

On rare occasions, the device may need to be reset. If the device does not appear to be operating normally, hold Button 2 down for 15 seconds.

The HALO welcome logo will appear followed by the screen displaying a readout in degrees.

The Unit should now return to MEASURE MODE.

READY

RESET 
↓ 15 SECS



If you are still having problems, contact your agent or sales outlet.

See the *Learn HALO* section of the HALO Medical Devices website for tutorials and video demonstrations, or call the HALO Help Line.

Using the menus

There are 4 menu items.

Enter the menu

To display the menu, hold down Button 1 for four seconds. The menu list appears.

Exit the menu

To exit from the menu, hold down Button 1 for four seconds. This returns you to MEASURE MODE.

Scrolling

Scroll down with Button 2, up with Button 1. An arrow shows the currently active option. A blue highlight shows your selection.

MENU



SCROLL



Choosing a menu item

Options

When the main menu list is displayed, the following options appear:

- **PE Cell** – allows you to activate or deactivate STANDBY MODE.
- **Mode** – allows you to choose between Normal and Automatic Vertical modes.
- **Diagnostics** – allows you to test the LCD display and show technical troubleshooting information.
- **About** – shows information about the serial number and software version of your device.

Navigation

Navigate to the option of your choice using the buttons to move up or down.

To choose a menu item, press Button 1 and 2 together. To return to the main menu list, press Buttons 1 and 2 at the same time.





See, the website at: www.halomedicaldevices.com for more information on the menus and when to use each menu item.

PE Cell (photo sensor)

When enabled, a photo sensor on the back of the HALO conserves battery life by putting the device into STANDBY MODE when it is laid on flat surface. The HALO comes from the factory with the PE Cell disabled.



There are two options in this list:

- **Enable** PE Cell
- **Disable** PE Cell

To move between options, scroll down with Button 2, up with Button 1.

Select an option by pressing both buttons together.

To return to the main menu list, press Buttons 1 and 2 together.

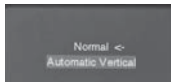
Exit the menu

To exit from the menu, hold down Button 1 for four seconds. This returns you to MEASURE MODE.

Mode

Choose between **Normal** and **Automatic Vertical** modes.

Automatic Vertical mode is typically used for athletic and elite sports screenings, when multiple, repetitive measurements (such as shoulder range of motion) are required.



Normal mode

Normal mode is the default operating mode of the HALO Digital Goniometer, taking you through three steps using all three planes (horizontal, frontal and coronal) to take measurements.

Automatic Vertical mode

Automatic Vertical mode reduces the number of steps required to take a measurement to two. In this mode, the device uses gravity to reference the vertical plane and sets that plane as the zero point from which to begin the measurement of an angle. The indicator lines on the case must point upwards (zero degrees), when starting a measurement.

To move between options, scroll down with Button 2, up with Button 1.

Select an option by pressing both buttons together.

To exit this option and return to the main menu list, press Buttons 1 and 2 together.

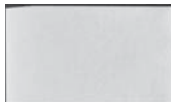
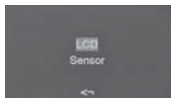
Diagnostics

There are two options in this list:

- LCD
- Sensor

LCD

The LCD setting is used to check that all pixels in the display screen are functioning. Choose this option to test the LCD display.



Sensor

The Sensor setting is used to establish that the internal magnetometer and accelerometer functions are operating correctly. A stream of diagnostic data is displayed. This information can be interpreted with the aid of a HALO Medical Devices Help Line assistant or the HALO Medical Devices website.

To move between options, scroll down with Button 2, up with Button 1.

Select an option by pressing both buttons together.

To return to the main menu list, press Buttons 1 and 2 together.

Exit the menu

To exit from the menu, hold down Button 1 for four seconds. This returns you to MEASURE MODE.

About

Here a single screen shows information about the serial number and software version of your device.

To move between options, scroll down with Button 2, up with Button 1.

Select an option by pressing both buttons together.

To return to the main menu list, press Buttons 1 and 2 together.

Exit the menu

To exit from the menu, hold down Button 1 for four seconds. This returns you to MEASURE MODE.

General information

Support and troubleshooting

For support and troubleshooting information, see the HALO Medical Devices website at: www.halomedicaldevices.com, or email the HALO Medical Devices Team at techsupport@halomedicaldevices.com

Does the battery need replacing or maintenance?

The HALO Digital Goniometer comes fitted with a Lithium Ion Polymer rechargeable battery that cannot be replaced. The on-screen battery-level indicator shows the battery status.

Normal charge-discharge cycles are all that is required for the product's life. No special discharge or deep-cycling measures are necessary.

Do not attempt to replace the battery in your device. If your HALO Digital Goniometer is within the warranty period, return the device to HALO Medical Devices. Instructions on this process can be found at www.halomedicaldevices.com under Returns Policy.

Are the lasers safe?

In normal use, the laser beams are directed at limbs. As with any strong light source, do not shine the light source directly into the eyes and do not stare into or at the laser beam for extended periods.

The HALO Digital Goniometer employs TGA* and FDA† approved Low-level, Class 1 lasers to assist with measurement. In a medical context, this means that no special precautions are necessary providing users and patients have a normal blink reflex‡. Users and patients are advised to wear safety glasses if they do not have a normal blink reflex. See, Laser safety and user responsibility.

* Therapeutic Goods Administration of Australia

† US Food and Drug Administration

‡ A normal blink reflex is usually described as: when exposed to light, your eyes blink automatically and regularly.

Disposal of the device

If your device is five or more years old and is not working at full capacity it should be discarded responsibly.

To discard the device, locate a mobile phone disposal unit and drop the device into the unit. For further information on disposal guidelines, email techsupport@halomedicaldevices.com

Specifications

Dimensions (h x w x d):	88 mm x 88 mm x 17 mm
Weight:	85 g
LCD:	2.4-inch (diagonal) backlit display with 44 mm x 33 mm viewing area, providing 240x302 pixels in full colour. LCD is TFT type.
Battery:	Lithium Ion Polymer rechargeable battery
Laser:	Low-level, Class 1, safe beam laser
Casing:	Polycarbonate integrated with antibacterial protection
Charging:	Via Micro USB port or Standard Wall plug
Operating temperature range:	-40°C to +80°C
Compatibility:	PC, Mac (no data is transferred)
Compliance:	Designed to comply with IEC 60601-1 and CE mark of European Conformity

Warranty

The Product has a 12-month warranty from the date of purchase. Please retain your proof of purchase to claim the warranty. Without a purchase order number or proof of purchase your warranty is not valid. The warranty includes shipping costs for the return of a device under warranty. See, www.halomedicaldevices.com for the returns procedure.

What is covered under your warranty

If the hardware or software is at fault or fails within 12 months of purchase, your HALO Digital Goniometer will be replaced with a new device.

The warranty does not cover

Damage to the outer case, damage to the hardware or software when the device has been exposed to any liquid, being dropped from a height greater than 1.5 metres, or any form of misuse.

This warranty is void if the device is opened by the user, dropped from a height greater than 1.5 metres, put through a washing machine, or exposed to any liquid.

It is at the discretion of HALO Medical Devices to determine if the device is covered by the warranty once the device is returned to the manufacturer.

Should the device be deemed out of warranty or faulty due to any of the above causes, the customer will pay any costs involved in shipping the device back to the manufacturer.

Copyright

Ownership of HALO Digital Goniometer hardware layout and product design and software Copyright:

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Liability Statement

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References

References for this guide include:

- ISO 15223-1-2012
- FDA Labelling guide
- TGA Labelling and Package Guide

These guidelines have been created in consultation with the company Regulatory Consultant and the Manufacturer.

www.halomedicaldevices.com

techsupport@halomedicaldevices.com

